

ALTIUS TEAM SUMMER PRACTICE SCHEDULE (June 11 - August 25 - Closed July 2-6)

LEVEL	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
GIRLS					
2 / 3	4:15-6:30	4:15-6:30		8:45-11:15	
3 / 4	4:15-7:30	9:00-12:00	4:15-7:30	4:00-6:30 (Hotshot Add on)	
5	4:15-7:30	9:00-12:00	4:15-7:30		9:00-12:00
6 / 7 (New 7s)	9:00-12:30	3:00-6:30	9:00-12:00 (add on)	3:00-6:30	9:00-12:30
7-10	9:00-12:30	3:00-6:30	9:00-12:00	3:00-6:30	9:00-12:30
Xcel Shiny silver		6:30-8:00		6:30-8:00	
Xcel Silver/Gold	6:30-8:45	9:00-11:00 (add on)	6:30-8:45		
Xcel Platinum/Diamond	12:30-2:30 (add on)	6:30-9:00		6:30-9:00	
BOYS					
4		4:30-6:30		4:30-6:30	
5	4:30-7:00		4:30-7:00	1:00-4:00	
6	1:00-4:00	5:00-8:00	5:00-8:00		10:00-1:00
8 / 9	1:00-4:00	5:00-8:00	5:00-8:00	1:00-4:00	10:00-1:00