

SCHEDULE & TUITION CHART

September 6, 2011 - June 4, 2012

Class	Skills Learned	Length, Age, Monthly Tuition	Monday	Tuesday	Wednesday	Thursday	Saturday
KINDERGYM PROGRAM; co-ed, promotion based on age							
Sparks	With parent; jumping on two feet, hang on bars, walk across beam, forward roll down hill	40 minutes Ages 1½ - 3½ \$42	6:00	10:15	9:15 10:15	4:45	9:15 10:15
Flares	Hop on one foot, front support on bars, bear walk on beam, handstand against wall	45 minutes Ages 3 - 4½ \$56	4:15 5:15 6:15	9:30 10:30 1:30 4:15 5:15 6:15	9:30 10:30 5:00 6:00	5:00 6:00	9:30 10:30
Flames	Skipping, push-off pullover on bars, walk on high beam, mini-cartwheel, back roll down hill	1 hour Ages 4½ - 6 \$67	4:15 5:15 6:15	9:30 1:30 4:15 5:15 6:15	5:00 6:00	5:00 6:00	9:30 10:30
GIRLS' GYMNASTICS AGES 5½ TO 10; promotion based on skill mastery							
Class One	Hurdle straight jump on vault, pullover off a block, releve walk on beam, handstands	1 hour 15 minutes Ages 5½ - 8 \$78	3:30* 5:00 6:30	3:30* 5:00 6:30	4:45 6:15	4:45 6:15	9:00 10:30
Class Two	Kick to handstand tree-fall, pullover off the floor, mini-handstand on beam, cartwheels	1 hour 15 minutes Ages 5½ - 8 \$78	3:30* 5:00 6:30	3:30* 5:00 6:30	4:45 6:15	4:45 6:15	9:00 10:30
Class Three	Jump to handstand tree-fall, frozen back hip circle, ¾ handstand on beam, round-offs	1 hour 30 minutes Ages 6 - 10 \$89	3:30* 5:00 6:30	3:30* 5:00 6:30	4:45 6:15	4:45 6:15	9:00 10:30
Class Four	Run to HS tree-fall, cast back hip circle, side handstand on beam, back handsprings	1 hour 30 minutes Ages 6 - 10 \$89	3:30* 5:00 6:30	3:30* 5:00 6:30	4:45 6:15	4:45 6:15	9:00 10:30
Level Three Team	An introductory competition level for gymnasts who have passed Class Four.	2 hours 2x week Ages 6 - 10 \$152	M & W 6:15	T & Th 4:45	Additional Level 3 Team fees include leotard purchase, competition entry fees, and USA Gymnastics membership. Call Altius for more details.		
TWEEN & TEEN GYMNASTICS AGES 9 & UP; promotion based on skill mastery							
Novice	Dive rolls on vault, pull overs, back hip circles, mini-handstands, RO BHS in the resi pit.	1 hour 30 minutes Ages 9 & Up \$89	6:30		4:45	6:15	10:30
Intermediate - Advanced	Vault over the table, kips on bars, cartwheels on beam, RO BHS on floor, back & front tucks	2 hours Ages 9 & Up \$112		6:45		6:45	
BOYS' GYMNASTICS AGES 5½ & UP; promotion based on skill mastery							
Class One / Two	Hurdle straight jump, swinging on bars, Inverted hang on rings, rolls, handstands	1 hour 15 minutes Ages 5½ - 9 \$78	3:30* 4:45	5:15	6:15		9:00
Class Three / Four	Dive rolls, swing ½ turns, support hold on rings, mushroom circles, round-offs, BHS	1 hour 30 minutes Ages 6 & Up \$89	4:45		4:45		10:30
CHEERLEADING; no previous experience required							
Cheer Fundamentals	Introduction to stunting, motions, cartwheels, round offs, back handsprings on tramp	1 hour Ages 6 - 10 \$67		6:30		5:00	
Cheernastics	Round offs, standing and running back handsprings, back tucks and layouts, twisting	1 hour Ages 11 & Up \$67	8:00	8:00	7:30		

- All tuition fees listed are monthly prices based on four classes per month. Tuition is billed on the 15th and due on the 1st for the upcoming month. Some billing cycles are pro-rated for holidays. Please refer to the customer handbook for a complete list of policies.
 - All 3:30 class times are \$10 off monthly tuition.
 - Annual membership fee of \$30 for individuals or \$45 for families is billed at time of registration.
- Altius reserves the right to change, combine, or cancel classes based on enrollment. We will contact you if this situation should arise and work with you to find another class for your child.

ALTIUS

Gymnastics & Cheer

Established 1984

2011 - 2012 School Year Programs

At Altius, our curriculum is designed to develop your child in three important areas. Once children gain a foundation of movement in gymnastics, they are well prepared to take on future challenges in sports and in life!

Physical Coordination, Strength, Balance, Flexibility, Poise, Agility

Cognitive Following directions, Concentration, Listening skills, Goal setting

Social & Emotional Fun, Making friends, Confidence, Accomplishment



Altius classes are divided by both skill level and age to create a more personal experience for our students. Girls ages 5½ - 10 move through Class 1 - 4 and benefit from fast-paced instruction, while gymnasts ages 9 & up can thrive with in-depth coaching and detailed skill work in our Novice through Advanced classes. Small class sizes allow coaches to handle multiple levels in one group.

Kindergym

Sparks: 1½ - 3½, with parent

Flares: ages 3 - 4½

Flames: ages 4½ - 6

KinderTime: walking to 6



Gymnastics

Girls: ages 5½ - 10

Tweens & Teens: ages 9 & up

Boys Classes; ages 5 ½ & up

Competitive Teams

Cheerleading

Fundamentals: ages 5½ - 11

Cheernastics: ages 11 - 18

Altius Cheer Elite Squads

Private Lessons



Registration Information

Enrolling In Class Altius runs a continuous class schedule during the school year. Students may enroll at any time throughout the year in any class with openings. Registrations are accepted online, over the phone, or in person. Payment is required to reserve a spot in a class. Once enrolled, we assume your child will continue in class until June 2012.

Annual Membership Our annual membership fee is \$30 per child, or \$45 per family and renews every September. The fee is pro-rated beginning in January. Membership benefits include discounts on birthday parties, special events, and pro shop.

Monthly Statements We are the only gym in Milwaukee County to provide the convenience and affordability of monthly tuition. Statements are mailed or e-mailed on the 15th of each month, with tuition due by the 1st of the upcoming month.

Tuition Payment Altius accepts cash, check, or credit/debit card (except AmEx) for tuition payment, due by the 1st of the month. Tuition can be paid online at any time by accessing our customer portal on altiusgymnastics.com

Discounts Siblings receive a 10% discount. Register for a second weekly class and receive a 20% discount off the lesser fee. Only valid on classes listed in the brochure.

Withdrawal You may withdraw from the program for the upcoming month by submitting a written notice by the 20th of the current month. Re-enroll at anytime during the year in an open class.

Office Hours Monday - Thursday, 9:00am - 9:00pm; Saturday, 9:00am - Noon



Special Events

Parents' Night Out
GymACTION Day Camp
Fun n' Fit Field Trips
Birthday Parties

Birthday Parties

Our 90 minute parties feature exciting gym activities, including trampoline, obstacle course, & bucket rides, followed by time in our party room to eat cake & open presents. Book your party 6 - 8 weeks in advance for best choice of dates & times.

414-421-1200

WWW.ALTIIUSGYMNASTICS.COM

ALTIUS: from the Olympic motto, meaning "HIGHER"